



Diabetes and Dizziness

by NEWLIFEOUTLOOK TEAM

How to Keep Your Brain Sharp When You're Feeling Low

The most immediate symptoms of low blood-sugar include dizziness and light-headedness, and can lead to confusion and sometimes fainting. Those who live with diabetes can alleviate all of this by eating a healthy diet and exercising, but there are other approaches that can help. This infographic explains more.

